

EAST COAST TRIATHLON 2009 RESULTS

Pos	M/F Pos.	No	Name		Cat	Club	Swim	Pos.	Bike	Pos.	Run	Pos.	Total
1	1	43	Liam	Gentry	M	Senior	00:04:37	2	00:28:10	1	00:12:18	2	00:45:05
2	2	41	Dave	Ledward	M	Veteran	00:05:11	6	00:29:54	2	00:11:51	1	00:46:56
3	3	88	Mark	Drake	M	Veteran	00:05:38	9	00:31:51	4	00:12:19	3	00:49:48
4	4	51	Mike	Cross	M	Veteran	00:06:27	21	00:31:41	3	00:12:55	7	00:51:03
5	5	85	Jake	Butterworth	M	Senior	No Split		No Split		00:12:40	4	00:52:18
6	1	2	Alexandra	Mckibben	F	Senior	00:04:33	1	00:35:47	15	00:13:30	8	00:53:50
7	6	50	John	Mclellan	M	Senior	00:06:15	17	00:34:49	11	00:12:46	5	00:53:50
8	7	40	Richard	Sargeant	M	Senior	00:06:09	15	00:33:02	6	00:14:45	21	00:53:56
9	8	90	Aaron	Gentry	M	Senior	00:05:39	11	00:34:03	10	00:14:15	14	00:53:57
10	9	87	Daniel	Foster	M	Veteran	00:08:55	60	No Split		No Split		00:54:30
11	10	52	Nigel	Ross	M	Veteran	00:07:28	37	00:33:50	9	00:13:31	9	00:54:49
12	11	54	Neil	Catling	M	Senior	00:07:32	39	00:33:36	8	00:13:41	10	00:54:49
13	12	49	Julian	Claxton	M	Senior	00:06:14	16	00:33:16	7	00:15:23	29	00:54:53
14	13	47	Andrew	McFarland	M	Senior	00:04:54	4	00:36:12	17	00:13:49	12	00:54:55
15	14	42	Mark	Southgate	M	Senior	00:04:43	3	00:32:45	5	00:17:33	57	00:55:01
16	15	46	Iain	Milligan	M	Senior	00:05:53	13	00:36:48	22	00:12:48	6	00:55:29
17	16	45	Andoni	Toms	M	Veteran	00:06:16	18	00:34:55	12	00:14:42	19	00:55:53
18	17	62	Matthew	Tam	M	Senior	00:07:12	32	00:35:27	13	00:13:49	11	00:56:28
19	18	86	Michael	Crawford	M	Senior	00:05:46	12	00:35:56	16	00:14:58	24	00:56:40
20	19	48	Steve	Sharpe	M	Veteran	00:06:47	26	00:35:43	14	00:14:42	18	00:57:12
21	2	4	Alice	Sharpe	F	Senior	00:05:08	5	00:38:01	27	00:14:16	15	00:57:25
22	20	56	Andrew	Goodchild	M	Veteran	00:05:59	14	00:37:42	25	00:14:55	23	00:58:36
23	3	8	Samantha	Musgrave	F	Senior	00:05:39	10	00:37:37	24	00:15:54	36	00:59:10
24	21	55	Mark	Field	M	Senior	00:08:23	52	00:37:34	23	00:13:55	13	00:59:52
25	4	7	Claire	Martin	F	Senior	00:05:27	8	00:38:26	32	00:16:14	42	01:00:07
26	5	19	Suzanne	Orr	F	Senior	00:06:24	20	00:38:46	33	00:15:20	28	01:00:30
27	22	71	Gareth	Thomas	M	Senior	00:09:51	70	00:36:46	21	00:14:19	16	01:00:56
28	23	63	John	Cahir	M	Veteran	00:07:24	34	00:38:18	31	00:15:29	31	01:01:11
29	24	72	Mark	Blake	M	Senior	00:07:31	38	00:39:02	34	00:14:43	20	01:01:16
30	25	44	Walter	Sprenger De Rover	M	Senior	00:05:27	7	00:40:32	42	00:15:47	34	01:01:46
31	26	64	Mark	Peach	M	Senior	00:08:08	48	00:36:24	18	00:17:14	53	01:01:46
32	6	10	Joelene	Goodridge	F	Senior	00:07:21	33	00:38:14	29	00:16:22	44	01:01:57
33	7	26	Sally	Withy	F	Veteran	00:09:37	67	00:36:45	20	00:15:36	32	01:01:58
34	27	65	Alan	Churchman	M	Senior	00:08:03	46	00:38:00	26	00:16:00	38	01:02:03
35	28	73	Michael	Briggs	M	Senior	00:09:02	61	00:36:34	19	00:16:30	46	01:02:06
36	29	89	Pierre	Engelhardt	M	Senior	00:07:57	44	00:38:17	30	00:16:27	45	01:02:41
37	30	66	Chris	Malster	M	Veteran	00:07:51	42	00:39:44	37	00:15:16	27	01:02:51
38	8	18	Sarah	Miller	F	Super Vet.	00:07:48	41	00:39:27	36	00:15:47	33	01:03:02
39	31	69	Dillon	Parnell	M	Senior	00:08:07	47	00:40:22	40	00:15:27	30	01:03:56
40	32	60	Simon	Dyble	M	Senior	00:07:26	36	00:40:43	44	00:15:57	37	01:04:06
41	33	68	Gary	Newstead	M	Senior	00:08:44	56	00:39:26	35	00:16:04	40	01:04:14
42	9	20	Catherine	Brooks	F	Super Vet.	00:08:47	57	00:38:11	28	00:17:59	63	01:04:57
43	34	81	Oliver	Hlnton	M	Senior	00:07:34	40	00:40:26	41	00:17:06	51	01:05:06
44	35	77	Chris	Speakman	M	Super Vet.	00:10:04	72	00:40:41	43	00:14:26	17	01:05:11
45	36	83	Darren	Nockels	M	Senior	00:08:34	55	00:40:50	45	00:16:18	43	01:05:42
46	10	12	Kelly	Davis	F	Senior	00:06:54	27	00:41:53	48	00:16:57	48	01:05:44

EAST COAST TRIATHLON 2009 RESULTS

47	11	17	Annemie	Sprenger De Rover	F	Senior		00:06:42	23	00:43:58	58	00:15:15	26	01:05:55
48	37	84	Simon	Atherton	M	Veteran		00:10:26	76	00:39:54	38	00:15:51	35	01:06:11
49	12	11	Fiona	Spencer	F	Senior		00:07:25	35	00:42:22	52	00:16:42	47	01:06:29
50	38	74	David	Thornton	M	Senior	Tri-Anglia Tri Club	00:06:42	24	00:42:12	51	00:17:42	59	01:06:36
51	13	1	Giovanna	Bertoldi	F	Senior	Tri-Anglia Tri Club	00:06:46	25	00:39:57	39	00:20:03	74	01:06:46
52	39	57	John	Moody	M	Senior	Ipswich Tri Club	00:08:22	51	00:42:37	54	00:16:02	39	01:07:01
53	14	38	Llywela	Lewis	F	Senior		00:09:54	71	00:42:25	53	00:14:50	22	01:07:09
54	40	70	Nick	Robinson	M	Senior		00:08:49	58	00:41:35	47	00:16:59	49	01:07:23
55	41	92	Mick	Smith	M	Veteran	Walton Wanderers	00:07:52	43	00:41:30	46	00:18:20	67	01:07:42
56	42	61	Adrian	Bottomley	M	Senior		00:07:03	29	00:42:06	49	00:18:34	68	01:07:43
57	43	80	Vincent	Cook	M	Senior	Tri-Anglia Tri Club	00:10:10	73	00:42:11	50	00:16:09	41	01:08:30
58	44	76	Spencer	Holmes	M	Veteran		00:08:33	54	00:42:56	55	00:17:43	60	01:09:12
59	15	16	Jodie	McCallum	F	Senior	North Norfolk Tri Club	00:08:15	49	00:43:47	57	00:17:38	58	01:09:40
60	16	36	Ruth	McKeown	F	Senior		00:07:06	30	00:44:53	60	00:17:44	61	01:09:43
61	45	75	Nigel	Boulton	M	Veteran		00:10:19	75	00:43:20	56	00:16:59	50	01:10:38
62	17	21	Michelle	Hyland	F	Senior		00:08:18	50	00:48:09	66	00:15:07	25	01:11:34
63	18	14	Amy	Barton	F	Senior	Tri-Anglia Tri Club	00:06:57	28	00:46:23	63	00:18:51	69	01:12:11
64	46	79	John	Bennett	M	Super Vet.		00:11:11	80	00:44:26	59	00:17:26	54	01:13:03
65	19	5	Abigail	Malster	F	Senior	Hadleigh Swimming Club	00:06:17	19	00:48:43	68	00:18:04	66	01:13:04
66	20	22	Paullette	Judd	F	Veteran		00:08:52	59	00:46:04	61	00:20:11	77	01:15:07
67	47	82	Alex	Norval	M	Senior		00:09:31	66	00:47:46	64	00:17:50	62	01:15:07
68	21	24	Joanne	Nixon	F	Senior		00:09:38	69	00:48:44	69	00:17:08	52	01:15:30
69	22	33	Moira	Pinkney	F	Super Vet.		00:10:56	78	00:47:52	65	00:17:30	56	01:16:18
70	23	39	Ruth	Lutz	F	Senior		00:10:34	77	00:46:11	62	00:19:45	72	01:16:30
71	24	23	Anita	Malster	F	Veteran	Hadleigh Swimming Club	00:07:59	45	00:48:38	67	00:20:09	76	01:16:46
72	25	29	Fran	Barton	F	Veteran		00:09:37	68	00:49:42	70	00:18:03	65	01:17:22
73	48	67	Stuart	Moody	M	Senior		00:10:12	74	00:50:24	72	00:17:29	55	01:18:05
74	26	28	Jo	Evans	F	Veteran		00:09:30	65	00:50:34	73	00:18:58	70	01:19:02
75	49	53	Richard	Loveland	M	Senior		00:06:37	22	00:53:08	76	00:19:52	73	01:19:37
76	27	6	Harriet	Pring	F	Senior	Team Tri-A-Sport	00:07:08	31	00:54:41	78	00:17:59	64	01:19:48
77	28	15	Simone	Leevey	F	Senior		00:10:58	79	00:49:45	71	00:20:04	75	01:20:47
78	50	78	Dattie	Barnard	M	Senior		00:08:24	53	00:53:12	77	00:20:14	78	01:21:50
79	29	32	Nell	Gair	F	Senior		00:09:20	64	00:52:29	75	00:20:25	79	01:22:14
80	30	34	Helen	Greenwell	F	Veteran		00:09:05	62	00:50:46	74	00:24:47	81	01:24:38
81	31	37	Linda	Farrow	F	Super Veteran		00:14:09	82	00:55:17	80	00:19:04	71	01:28:30
82	32	3	Sarah Ann	Phillips	F	Senior		00:09:13	63	01:00:47	81	00:23:21	80	01:33:21
83	33	35	Alison	Rowland	F	Senior		00:13:53	81	00:54:51	79	00:27:19	82	01:36:03
84		9	Michelle	Palmer	F	Senior	Team Milton Keynes			00:00:00		00:00:00		DNS
85		13	Heather	Hollister	F	Super Veteran	Tri-Anglia Tri Club			00:00:00		00:00:00		DNS
86		25	Alex	Embiricos	F	Veteran	Hadleigh Harriers			00:00:00		00:00:00		DNS
87		27	Karen	Archbold	F	Veteran				00:00:00		00:00:00		DNS
88		30	Anna	Platt	F	Veteran				00:00:00		00:00:00		DNS
89		31	Heather	Brand	F	Veteran				00:00:00		00:00:00		DNS
90		58	Alex	Pentney-Smith	M	Senior				00:00:00		00:00:00		DNS
91		59	Will	Sutton	M	Senior	Loughborough Students			00:00:00		00:00:00		DNS
92		91	Peter	Lennard	M	Super Vet.	Ipswich Tri Club			00:00:00		00:00:00		DNS